SPRING 2024

# Ogefner @TransitCare

TRAVEL, EVENTS AND ACTIVITIES TROPICAL TOWNSVILLE GOLD COAST TRAVEL

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YEARS OF SERVICE TO OUR COMMUNITY

# a message FROM THE CEO

#### Welcome to the Spring edition of TOGETHER Magazine.

While it is great to have reached the end of the colder months, it is hard to believe we are already approaching the end of 2024. We have commenced preparations for our Annual General Meeting in November including putting together the figures for our Annual Report. It is astounding and a little humbling to see that our team has delivered more than 300,000 trips for the 2023/24 financial year. That is an outstanding effort from our entire team and shows their unwavering commitment to meeting the needs of the communities we serve.

This enormous effort has come with a down side as we have now reached our funding capacity for community transport in all areas other than the Gold Coast and have had to temporarily close our books to new transport clients for the first time in the years I have been leading the organisation. In the last financial year, to meet demand, we delivered 4000 more trips than the funding provided. Unfortunately we are not in a position to continue to subsidise services at that rate. Of even more concern to us is the fact that we are also at funded capacity for wheelchair clients. While we have continuously agitated about this issue with both State and Federal governments, to date our requests for assistance have fallen on deaf ears and no further funding has been made available. If you have personal concerns about this issue we encourage you to reach out to your local member of parliament. Our team is working hard to ensure the situation does not affect existing clients and should the State and Federal Government provide more funding we will be able to open our books to assist new clients.

Thank you to all the Clients who have provided us with their My Aged Care transport codes to date. For those who have not yet had the chance, please do so as soon as possible because it is a legislative condition of travelling with TransitCare.

Hopefully most of you have started to see the results of the roll out of our transport SMS notification feature. There have been recent updates to the system so you should now be receiving more accurate approximate arrival times of your transport to help you get ready to leave. If you haven't yet started receiving these messages please speak with our Contact Centre team and they will work with you to arrange access to the system.

We have commenced work on our new home in Beenleigh. It is a very exciting time for the team as we get the site ready for our move early in 2025. We are already counting down the days to



the time we will again have our social support program located back with us and get to see you face to face again, in a room that is purpose built for you. We will share photos as the site takes shape.

Coming into the warmer months I urge you to stay well-hydrated and remain vigilant to look after yourself and your neighbour's well being and safety.

Terry O'Toole Chief Executive Officer

### **Welcome to Able Australia**

The TransitCare team are excited to Welcome aboard all Able Australia clients from the Logan River Valley area. We will officially take over provision of these services from 1st October 2024. We have been able to partner with the Federal Government to assist clients of Able Australia with services who have announced their withdrawal from community transport and social support services. We have been working closely with Able Australia to ensure as little disruption as possible to your transport and social support services during this transition. I encourage anyone joining us from Able to call our Contact Centre team with any questions you may have. When making those calls it will be very helpful for our teams if you could have with you your My Aged Care Transport and Social Support Referral codes.

## **REGISTERING WITH** TRANSITCARE

#### Our process to register with TransitCare will differ depending on your individual circumstance.

- 1. If you are eligible for My Aged Care (MAC) you will need to obtain the following:
  - Transport Referral Code (for transport services medical, hospital, health, social)
  - Social Support Group (for our bus trips\*and community hub activities\*\*)
  - Social Support Individual
- 2. If you are not eligible for MAC but have a good reason for not being able to use public transport, please email us for an individual assessment at intake@transitcare.com.au

Our estimated time for registering (onboarding) members is 2-3 weeks. If you are aware of travel required before this timeframe, please let our team know or alternatively call My Aged Care as soon as possible on 1800 200 422. to start the process.

\*Bus trips are for all sites except Cairns.

\*\*Community Hub Activities are available to members living in the Logan area and neighbouring suburbs.

Once registered our team will deliver or post a welcome pack to you, which details our service and how to book with us. We also include a membership form for \$15 per annum. This is voluntary; however, it will register you to vote at our AGM.

### Information required when making a booking

To improve our service, we ask our members for the following information:

- Appointment time 0
- •
- Name of doctor or business you are visiting Phone number

Below are a couple of examples: Visiting a shopping centre and going to Spec

- Location Carindale Shopping Centre • 0
- Appointment 11am
- Spec Savers
- Ph: 3398 5866 •

- Visiting a hospital to see a specialist:
- Location Greenslopes Private Hospital • Appointment 11am
- •
- Dr Smith Physio (example)
- Ph: 3394 7111

We ask that you have this information available when you make your booking/s.

### **Upcoming Holidays**

#### For all bookings during this time call (07) 3422 7900

	+Brisbane	*Cairns	*Townville	+Gold Coast	Tamborine
King's Birthday Mon, 7-Oct	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Xmas Day Wed, 25-Dec	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Boxing Day Thu, 26-Dec	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Fri, 27-Dec	CLOSED	OPEN	OPEN	CLOSED	OPEN
Mon, 30-Dec	CLOSED	OPEN	OPEN	CLOSED	OPEN
Tue, 31-Dec	CLOSED	OPEN	OPEN	CLOSED	OPEN
New Years Wed, 1-Jan	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Thu, 2-Jan	CLOSED	OPEN	OPEN	CLOSED	OPEN
Fri, 3-Jan	CLOSED	OPEN	OPEN	CLOSED	OPEN

#### Mon, 6-Jan 2025 – ALL LOCATIONS TRANSPORT SERVICES RESUME

\*Cairns and Townsville provide Renal transport on Saturdays 28-Dec 2024 and 4-Jan 2025.

+Brisbane and Gold Coast, bookings for transport on Mon, 6-Jan 2025 need to be made by Fri, 3-Jan 2025, cut off time is 11am.

# Calendar of events & activities

## **Social Calendar - Townsville**

Our weekly Drop-In is held at Riverside Gardens Community Centre every Thursday afternoon from 1.30pm – 3.30pm, anyone interested in coming along to make some new friends, play some games & have afternoon tea, are welcome. For further information, please call our office.

DATE	DESCRIPTION AND DETAILS
14-Oct	MEMBERS MONTHLY LUNCH
	Where: Upper Ross Hotel Time: 11.00am – 1.00pm
	<b>Cost:</b> \$15 return transport, meal at own cost. <i>Raffles will be held</i> .
21-Oct	LUNCH OUTING
	Where: Bohle Barn Time: 11.00am – 1.00pm
	Cost: \$15 return transport, meal at own cost.
4-Nov	MEMBERS MONTHLY LUNCH
	Where: Kirwan Tavern Time: 11.00am – 1.00pm
	<b>Cost:</b> \$15 return transport, meal at own cost. <i>Raffles will be held</i> .
18-Nov	LUNCH OUTING
	Where: West End Hotel Time: 11.00am – 1.00pm
	Cost: \$15 return transport, meal at own cost.
30-Nov	BURDEKIN CRAFT SPECTACULAR & RSL LUNCH
	Where: Home Hill Memorial Hall & RSL Time: 10.00am – 3.00pm
	Cost: \$15 return transport, meal at own cost. Entry: \$10/person incl. morning tea
9-Dec	MEMBERS CHRISTMAS LUNCHEON
	Where: Toms Tavern Time: 11.00am – 1.00pm
	<b>Cost:</b> \$15 return transport, meal at own cost. <i>Raffles will be held</i> .

## **TOWNSVILLE UPDATE**

Our Townsville members had some memorable lunches over the past few months.

With the cooler weather, we've been able to enjoy some outdoor trips and visited the historic Hervey Range Heritage Tearooms. This building started life as the Eureka Hotel in 1865. After multiple changes of name and ownership, the hotel lost its license in 1908 and since then has been used as a boundary riders hut and a family home and now as a café. It hosted all sorts of events from weddings and birthdays to ghost and tunnel tours. In 2009 it was inducted into the NQ Tourism Awards Hall of Fame. Today, as a café, it serves the biggest scones you've ever seen, and you can buy a cup of the most expensive coffee on the planet – Kopi Luwak (google it!).

We also drove up to the Rollingstone Hotel – it may be only 30mins north of Townsville, but it seems like a different world up there, so peaceful and relaxing and we had a fabulous lunch, after which we drove another 10 minutes up the Bruce Highway to Murtarnee where we all had ice-cream at the renowned Frosty Mango. Here, they have a magnificent orchard of all sorts of exotic tropical fruit trees which are open to visitors. They make their own tropical fruit ice-creams and boy oh boy, are they yum. In August we went to Good Morning Coffee in Townsville for morning tea. This innovative business roasts their own beans and blends their own varieties of coffee on site, and for those of us who may not drink coffee, they also serve tea, hot chocolate, etc.

Over the past couple of months, we went to some of our favourite hotels including the Stuart, Kirwan Tavern, Bushland Beach and the Avenues Tavern for lunches and all in all had a great time catching up with all our friends.

We're all looking forward to the next few months and our annual Christmas luncheon, and a trip to Home Hill for the Craft Spectacular.

# Calendar or events & activities

## TransitCare Community Hub - Logan

#### FOR LOGAN CLIENTS ONLY

Our new TransitCare Community Hub offers many exciting activities and social events.

Date: Monday to Friday

- Time: 10.30 am to 2.30 pm.
- Cost: All programs \$15 per class (unless otherwise advertised), invoiced monthly. Cost includes door-to-door return transport, morning tea, lunch and all activities.

Bookings: Are essential! Please phone our Contact Centre on 3422 7900 to book your place.

#### ACTIVITIES

Monday – Crafty Group	Tuesday – Social Circle
10:30 am -2:30 pm	10:30 am -2:30 pm
Wednesday – Move Your Body - Gentle dance, Tai Chi and Yoga chair or	Thursday – no classes
standing movement group and brain	Friday – Art Group
game/quizzes (\$12.00)	12 pm -2:30 pm
10.00 am - 12.00 pm	

#### **CALENDAR OF EVENTS**

DATE	ACTIVITY
OCTOBER	
8-Oct	<b>DOWN ON THE FARM</b> – Dr Hilda will share an interactive presentation of sourcing produce over the decades in Logan.
15-Oct	<b>OKTOBERFEST WITH MARY ROBINSON</b> - Celebrate all things German including entertainment from our wonderful Mary.
22-Oct	PICASSOS BIRTHDAY Have fun creating and learning all about this incredible artist.
29-Oct	<b>Give it Back Bingo Bonanza</b> – This is your opportunity to donate the prizes won to our underprivileged school children from the local Logan area. The best fun you will have playing Bingo!

NOVEMBER	
5-Nov	MELBOURNE CUP- Don that fascinator and race to the finish line with games and prizes!
12-Nov	<b>ARMCHAIR TRAVEL TO SINGAPORE</b> - Pack your virtual suitcase we are off to Singapore for a taste of this very colourful country.
19-Nov	THE SOCIAL CIRCLE GAMES DAY- Jeopardy, Family Feud and more.
25-Nov	CLIENT CHRISTMAS PARTY @ GREENBANK RSL with entertainment by Robbie Memphis
26-Nov	CLIENT CHRISTMAS PARTY @GREENBANK RSL with entertainment by Jay Turner
27-Nov	CLIENT CHRISTMAS PARTY @GREENBANK RSL with entertainment by Robbie Memphis
	Christmas Party cost is \$45 including your first drink, lunch, entertainment, transport and
	loads of prizes.

DECEMBER	
3-Dec	BINGO BONANZA- the most fun you will have playing bingo!
10-Dec	<b>TEDDY BEARS PICNIC</b> – Bring your teddy and experience a sense of childlike wonder.
13-Dec	Last day for TransitCare Community Hub activities for the year.
13-Jan 2025	First day back for TransitCare Community Hub activities for the year 2025

# Calendar **OF events & activities**

## Social Calendar - Logan/Brisbane South

A reminder to carefully check which Zone you fall into as further changes will come into effect in October 2024. Also, remember to check the trip descriptions to ensure that the trip you want to attend is suitable for your individual mobility needs and interests. We have implemented a little key to help you identify what the trips will be like for you on the day. Please refer to the key below:

S = No walking frames

### **TRAVEL ZONES (from October 2024)**

#### TRIP DAY: MONDAY, ZONE 2

Alexandra Hills, Balmoral, Belmont, Birkdale, Bulimba, Burbank, Camp Hill, Cannon Hill, Capalaba, Carina, Carina Heights, Carindale, Chandler, Cleveland, Gumdale, Hawthorne, Hemmant, Lota, Manly, Manly West, Morningside, Murrarie, Norman Park, Ormiston, Seven Hills, Thorneside, Tingalpa, Wakerley, Wellington Point, Wynnum, Wynnum West.

#### **TRIP DAY: TUESDAY. ZONE 1**

Acacia Ridge, Algester, Annerley, Archerfield, Calamvale, Coopers Plains, Coorparoo, East Brisbane, Eight Mile Plains, Greenslopes, Highgate Hill, Holland Park, Holland Park West, Kangaroo Point, Macgregor, Mackenzie, Mansfield, Moorooka, Mt Gravatt, Mt Gravatt East, Nathan, Parkinson, Robertson, Runcorn, Salisbury, Stretton, Sunnybank, Sunnybank Hills, Tarragindi, Upper Mt Gravatt, Wellers Hill, Wishart, Woolloongabba.

#### **TRIP DAY: WEDNESDAY ZONE 5**

Chelmer, Corinda, Darra, Doolandella, Durack, Dutton Park, Ellen Grove, Fairfield, Forest Lake, Graceville, Heathwood, Inala, Jamboree Heights, Jindalee, Middle Park, Mount Ommaney, Oxley, Pallara, Richlands, River Hills, Rocklea, Seventeen Mile Rocks, Sherwood, Sinnamon Park, South Brisbane, Sumner, Tennyson, Wacol, West End, West Lake, Willawong, Yeerongpilly, Yeronga.

#### **TRIP DAY: THURSDAY ZONE 4**

Bahrs Scrub, Beenleigh, Bethania, Carbrook, Cornubia, Daisy Hill, Eagleby, Edens Landing, Holmview, Loganholme, Loganlea, Meadowbrook, Mount Warren Park, Priestdale, Redland Bay, Rochedale, Rochedale South, Shailer Park, Slacks Creek, Springwood, Tanah Merah, Thornlands, Underwood, Victoria point, Windaroo.

#### **TRIP DAY: FRIDAY ZONE 3**

Berrinba, Buccan, Boronia Heights, Browns Plains, Chambers Flat, Crestmead, Drewvale, Forestdale, Greenbank, Heritage Park, Hillcrest, Jimboomba, Karawatha, Kingston, Logan Central, Logan Reserve, Logan Village, Marsden, Munruben, New Beith, North Maclean, Park Ridge, Park Ridge South, Regents Park, South Maclean, Stockleigh, Waterford, Waterford West, Woodridge, Woodhill, Yarrabilba.



#### OCTOBER

#### **OCTOBER COMMUNITY FLYER ADVENTURES (MINI)**

#### **CFA EVENT – TRADECOAST CENTRAL HERITAGE PARK**

Three heritage sites located at Brisbane's former Eagle Farm Airport at 87 Schneider Road Eagle Farm combine stories of Brisbane's convict era as the Moreton Bay Penal Settlement and two surviving World War Two sites – Allison Engine Testing Stands and Hangar 7. Here you'll find both a relaxing and stimulating environment or spread out over the green grass of the park which covers what was once a Convict Factory, a women's prison, and a busy airport runway.

\*\* Grass paths around areas / uneven ground. WFs may be difficult to push around the grounds. \*\* Toilet facilities onsite \*\* Seating available around Heritage Centre for those wanting to take rest breaks.

#### **OCTOBER SOCIAL SUPPORT TRIPS**

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

#### **DESCRIPTION:**

**SS 1 REDLANDS:** - Spend the morning surrounded by the serene bushland at Indigiscapes. Spend time either exploring the environmental centre, walk through the gardens, or sit and enjoying the view at the Café. Afterward, we will head to lunch at a local venue.

\*\* WF friendly \*\* Toilet facilities onsite \*\* Seating is available around Indigiscapes for those not wanting to walk around

**SS 2 JACOBS WELL:** - Enjoy time by the water at Cabbage Tree Point and a scenic drive through to Jacobs Well, where we will enjoy fish & chips at the waterside before heading home again.

\*\* WF friendly \*\* Toilet facilities onsite \*\* Seating available around Cabbage Tree Point and Jacobs Well is available for those not wanting to walk around. Cost is transport only. Lunch and activities at own cost.

DATE	ZONE		ΑCTIVITY	COST
30-Sep	2	┆┆╎╎	SOCIAL SUPPORT - REDLANDS	\$15
1-Oct	1	ᢤᢤᢢ᠋ᡗᢋ᠍ᢁᢁᢁ	SOCIAL SUPPORT - REDLANDS	\$15
2-Oct	5	ᢤᢤᢢ᠋ᡗᢋᢁᢁᢁ	SOCIAL SUPPORT - REDLANDS	\$15
3-Oct	4	ᢤᢤᢢ᠋ᢊᢋᢁᢁᢁ	SOCIAL SUPPORT - REDLANDS	\$15
4-Oct	3	ᢤᢤᡘ᠕ᡔᡘᢁᢁᢁ	SOCIAL SUPPORT - REDLANDS	\$15
8-Oct	1	ᢤᢤ <b>ᢤ៸</b> ᢋᢊᡜᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – TRADECOST CENTRAL HERITAGE PARK	\$60
9-Oct	5	ќ ќ ќ. <b>ぷ</b> ぷ๛๛๛	COMMUNITY FLYER ADVENTURE – TRADECOST CENTRAL HERITAGE PARK	\$60
10-Oct	4	ќ ќ ќ ぷぷ <b>๛๛๛</b>	COMMUNITY FLYER ADVENTURE – TRADECOST CENTRAL HERITAGE PARK	\$60
11-Oct	3	ᢤᢤ <b>ᢤ᠋ᢊᢋ</b> ᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – TRADECOST CENTRAL HERITAGE PARK	\$60
14-Oct	2	ќ ќ ќ ぷぷ <b>๛๛๛</b>	COMMUNITY FLYER ADVENTURE – TRADECOST CENTRAL HERITAGE PARK	\$60
17-Oct	All	ᢤᢤᢤᠶᡘᢆ <i>ᡵ</i> ᢁᢁ	WOMEN WHO WANDER - RAAF Amberley Aviation Heritage Centre. Hear the stories of the people, surrounded by the aircraft they supported and flew. Learn about the Air Force journey in Southeast Queensland from the 1930s to the present day. The Heritage Centre occupies 4 WWII Bellman hangars and is home to many historical RAAF aircraft. ** WF friendly. ** Toilet facilities onsite ** Seating available around Heritage Centre for those wanting to take rest breaks	\$60
21-Oct	2	ᢤᢤᢢ᠋ᡗᢋ᠍ᢁᢁᢁ	SOCIAL SUPPORT – JACOBS WELL	\$15
22-Oct	1	ᢤᢤᢢ᠋ᢊᢋᢁᢁᢁ	SOCIAL SUPPORT – JACOBS WELL	\$15
23-Oct	5	ᢤᢤᢢᢊᢋᢁᢁᢁ	SOCIAL SUPPORT – JACOBS WELL	\$15
24-Oct	4	ќ ќ ќ ぷぷ <b>๛๛๛</b>	SOCIAL SUPPORT – JACOBS WELL	\$15
25-Oct	3	ᢤᢤ <b>ᢤ</b> ᠕ᡘᡵ	SOCIAL SUPPORT – JACOBS WELL	\$15
31-Oct	All	ќ ќ ќ <sub>/</sub> -, -, -, -, -, -, -, -, -, -, -, -, -, -	<b>MEN ON THE MOVE - Old Government House.</b> Take a step back in time and learn about the history of Old Government House by undertaking a tour and visiting the museum. Old Government House is more than just a building. The structure itself is a historical artifact offering a fascinating insight into early colonial life in Queensland, while a range of displays and interactive exhibits further enhance the visitor experience. <i>** WF friendly.** Toilet facilities onsite** Limited seating available</i> <i>around Old Government House for those wanting to take rest breaks</i>	\$60

#### **NOVEMBER**

#### NOVEMBER COMMUNITY FLYER ADVENTURES (MINI)

#### **CFA EVENT – BOONAH & KALBAR**

Travel the scenic route to Kalbar and enjoy morning tea at one of the lovely cafes in the heart of Kalbar. Afterwards, wander around this quaint country town where you can visit the Emporium antique shop, the post office for their famous chocolate fudge, and deli/café famous for jams and other items. We will then head to Boonah for lunch and if time permits, continue our country shopping at some Op Shops and the famous Maynard's Store.

\*\* WF friendly \*\* Public toilets available at both Kalbar and Boonah \*\* Limited seating available around the main streets of Kalbar & Boonah to take rest breaks but could visit one of the lovely cafes.

#### **NOVEMBER SOCIAL SUPPORT TRIPS**

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

#### **DESCRIPTION:**

**SS 1 LOGAN:** - Get out and about, socialising with friends, family, and other Logan locals while trying your luck over a game of Bingo! Bingo offers the perfect opportunity to be part of a community and fill a couple of hours when you have time to burn.

\*\* To play bingo, you will need to join as a member. Membership is \$3 \*\* Toilet facilities onsite \*\* Café onsite \*\* WF Friendly

SS 2 BROWNS PLAINS: - Enjoy a casual morning doing some Christmas shopping at Grand Plaza. You can have lunch outside at one of many cafes or at the food court.

\*\* WF Friendly \*\* Toilet facilities onsite

Cost is transport only. Lunch and activities at own cost.

DATE	ZONE		ΑCTIVITY	COST
4-Nov	2	* * *:, ====	SOCIAL SUPPORT - LOGAN	\$15
5-Nov	1	* * * <i>.</i> , =====	SOCIAL SUPPORT - LOGAN	\$15
6-Nov	5	* * * .~ ====	SOCIAL SUPPORT - LOGAN	\$15
7-Nov	4	* * * <b>/</b> ====	SOCIAL SUPPORT - LOGAN	\$15
8-Nov	3	* * *	SOCIAL SUPPORT - LOGAN	\$15
11-Nov	2	ᢤᢤᢢᡘᡘ᠁᠁	COMMUNITY FLYER ADVENTURE – BOONAH & KALBAR	\$60
12-Nov	1	ᢤᢤᢄᡔᡘᠵᡘ᠍ᢁ᠊ᢁᢁ	COMMUNITY FLYER ADVENTURE – BOONAH & KALBAR	\$60
13-Nov	5	ᢤᢤᡘᡘᡘᢁ᠊ᢁᢁ	COMMUNITY FLYER ADVENTURE – BOONAH & KALBAR	\$60
14-Nov	4	ᢤᢤᢢᡘᡘᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – BOONAH & KALBAR	\$60
15-Nov	3	ᢤᢤᢢᡘᡘᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – BOONAH & KALBAR	\$60
21-Nov	All	<del>ين</del> اين	<b>WOMEN WHO WANDER – Cooneana Heritage Centre.</b> Home to the Ipswich Historical Society and several other groups, contains historical photographs, artifacts, traditional crafts and coal mining displays that showcase the rich and diverse history of Ipswich – Queensland's oldest provincial city. ** Grass paths around areas / uneven ground. WFs may be difficult to push around the grounds. ** Toilet facilities onsite	\$60
25-Nov	By invite	* * 가기가 ==>	CLIENT CHRISTMAS PARTY AT GREENBANK RSL – LOOK OUT FOR YOUR INVITATION SOON ** WF friendly ** Toilet facilities onsite. Includes transport, Christmas lunch, entertainers & first drink on arrival	\$45
26-Nov	By invite	ጵ ጵ .ᠮ. ټ. *	CLIENT CHRISTMAS PARTY AT GREENBANK RSL – LOOK OUT FOR YOUR INVITATION SOON ** WF friendly ** Toilet facilities onsite. Includes transport, Christmas lunch, entertainers & first drink on arrival	\$45
27-Nov	By invite		CLIENT CHRISTMAS PARTY AT GREENBANK RSL – LOOK OUT FOR YOUR INVITATION SOON ** WF friendly ** Toilet facilities onsite. Includes transport, Christmas lunch, entertainers & first drink on arrival	\$45
28-Nov	1, 2 & 5	* * *:, ====	SOCIAL SUPPORT – BROWNS PLAINS	\$15
28-Nov	All	ᢤᢤ᠋ᢤ᠂ᢞᠶ᠂ᢋᢅ᠂ <b>ᡣ</b> ᡨᢁᢁ	MEN ON THE MOVE - BUNDAMBA TAFE CHRISTMAS FESTIVITIES. Take a break from Christmas shopping and enjoy a Christmas lunch with all the trimmings - includes a 2 course Christmas lunch, welcome drink, tea and coffee. ** WF friendly ** Toilet facilities onsite	\$60
29-Nov	3 & 4	\$ \$ \$ <i>.</i> ;	SOCIAL SUPPORT – BROWNS PLAINS	\$15

#### DECEMBER

#### **DECEMBER COMMUNITY FLYER ADVENTURES - (MAJOR)**

#### **CFA GOLD COAST CANAL CRUISE**

Join us again for our inaugural Gold Coast Canal Cruise! Set sail on the waters of the Gold Coast's lovely canals at midday for a delightful lunch cruise with the city's longest-running river cruise company. Views from both the deck and the large windows will showcase some of the Gold Coast's most famous regional highlights – such as the magnificent homes of the rich and famous, the glittering waters of the Gold Coast Broadwater, and other renowned locations such as the colourful HOTA. Home of the Arts. Sit back and relax while enjoying your food and taking in the interesting and informative commentary of the surroundings from our friendly crew – you won't find a more satisfying lunch experience on the Gold Coast!

\*\* Walking frames can be used to get to and from boat but not able to use them onboard due to space \*\* Toilet facilities available onboard boat

#### **DECEMBER SOCIAL SUPPORT TRIPS**

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

#### **DESCRIPTION:**

**SS 1 BEAUDESERT:** - Finish the year off with a scenic drive through Beaudesert and Wyaralong Dam followed by lunch at one of the older, family-friendly hotels in Southeast Queensland, the Veresdale Hotel or as it is affectionately known, The 'V' Hotel.

\*\* WF friendly, but some areas may be harder to access due to grass paths and uneven ground \*\* Toilet facilities available meet point, Wyaralong Dam, and the Veresdale Hotel

Cost is transport only. Lunch and activities at own cost.

DATE	ZONE		ACTIVITY	COST
2-Dec	2	ќќќлл	SOCIAL SUPPORT - BEAUDESERT	\$15
3-Dec	1	ᢤᢤᢢᢊᢋᢁᢁᢁ	SOCIAL SUPPORT - BEAUDESERT	\$15
4-Dec	5	ᢤᢤᢢ᠋ᡗᢋᠴᢁᢁᢁ	SOCIAL SUPPORT - BEAUDESERT	\$15
5-Dec	4	ᢤᢤᢢ᠋ᢊᢋᢁᢁᢁ	SOCIAL SUPPORT - BEAUDESERT	\$15
6-Dec	3	ᢤᢤᢢᢊᢋᢁ᠊ᢁᢁ	SOCIAL SUPPORT - BEAUDESERT	\$15
9-Dec	2	ᢤᢤᢢᢧᠮᡵᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – GOLD COAST CANAL CRUISE	\$90
10-Dec	1	ᢤᢤᡘᢋᠵᠯᢁ᠊ᢁᢁ	COMMUNITY FLYER ADVENTURE – GOLD COAST CANAL CRUISE	\$90
11-Dec	5	ጰጰጰ *	COMMUNITY FLYER ADVENTURE – GOLD COAST CANAL CRUISE	\$90
12-Dec	4	ᢤᢤᢢᠶᠼᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – GOLD COAST CANAL CRUISE	\$90
13-Dec	3	ᢤᢤᢢᡳᡵᠴᢁᢁᢁ	COMMUNITY FLYER ADVENTURE – GOLD COAST CANAL CRUISE	\$90

### **Out and About**

# Calendar OF events & activities

## Social Calendar - Gold Coast

Our monthly social calendar commenced in November 2023 and now we are offering trips two days a week for those in the north Zone and those in the south Zone. Anyone interested in coming along to get out and about, make new friends, and have lunch is welcome. For further information call our office on (07) 3422 7900. A referral for a social support group is required from My Aged Care. Note—bookings are limited..

## Out and About



### **GOLD COAST TRAVEL ZONES (from October 2024)**

Please check carefully which Zone you now fall into as we are running two trips a week and your trip day is based on the suburb you reside in and the corresponding zone. If you are unsure, please call our Contact Centre on 3422 7900 for assistance.

#### Trip day: MONDAY, ZONE NORTH (NTH)

Arundel, Ashmore, Benowa, Biggera Waters, Broadbeach, Broadbeach Waters, Bundall, Carrara, Coombabah, Coomera, Gaven, Helensvale, Hope Island, Hollywell, Labrador, Maudsland, Molendinar, Ormeau, Ormeau Hills, Oxenford, Pacific Pines, Paradise Point, Parkwood, Pimpama, Runaway Bay, Southport, Upper Coomera, Willow Vale

#### Trip day: WEDNESDAY, ZONE SOUTH (STH)

Advancetown, Burleigh Heads, Burleigh Waters, Clear Island Waters, Gilston, Highland Park, Main Beach, Mermaid Beach, Mermaid Waters, Merrimac, Miami, Mudgeeraba, Nerang, Palm Beach, Reedy Creek, Robina, Surfers Paradise, Tallai, Tallebudgera, Varsity Lakes, Worongary

#### **OCTOBER**

#### **OCTOBER COMMUNITY FLYER ADVENTURES (MINI)**

#### **BEENLEIGH HISTORICAL VILLAGE**

Travel to Beenleigh for a guided tour through the Beenleigh Historical Village incl. morning tea followed by lunch at Fitzy's Waterford.

#### OCTOBER SOCIAL SUPPORT TRIPS

The prices below are not applicable for clients in Home Care Packages. Please call our team for a quote.

DESCRIPTION:

SS COOLANGATTA - Scenic drive followed by lunch at the Coolangatta Surf Club

SS WYNNUM - Drive to the Bayside followed by lunch at the Wynnum Leagues Club

SS MURWILLUMBAH - Relaxing drive to Murwillumbah followed by lunch at the Murwillumbah RSL

SS SOUTHPORT - Relax looking out over the surf followed by lunch at the Southport Surf Club

#### Cost is transport only. Lunch and activities at own cost.

DATE	ZONE	ACTIVITY	COST
09-Oct	STH	SOCIAL SUPPORT - COOLANGATTA	\$15
14-Oct	NTH	SOCIAL SUPPORT – WYNNUM	\$15
16-Oct	STH	SOCIAL SUPPORT – WYNNUM	\$15
17-Oct	ALL	CFA COMMUNITY FLYER ADVENTURES – HISTORICAL VILLAGE	\$60
21-Oct	NTH	SOCIAL SUPPORT – MURWILLUMBAH	\$15
23-Oct	STH	SOCIAL SUPPORT – MURWILLUMBAH	\$15
28-Oct	NTH	SOCIAL SUPPORT – SOUTHPORT	\$15
30-Oct	STH	SOCIAL SUPPORT – SOUTHPORT	\$15

#### **NOVEMBER**

#### NOVEMBER COMMUNITY FLYER ADVENTURES (MAJOR)

#### **CANAL CRUISE – GOLD COAST**

Set sail on the waters of the Gold Coast's lovely canals for a delightful lunch cruise that blends the best sightseeing available with a delicious dining experience that, when combined, form one of the most enjoyable lunch experiences on the Gold Coast.

#### NOVEMBER SOCIAL SUPPORT TRIPS

Prices below are not applicable for clients in Home Care Packages. Please call our team for a quote.

**DESCRIPTION:** 

**SS BEAUDESERT** - Scenic drive to Beaudesert followed by lunch at The Club Beaudesert.

**SS REDBANK PLAINS** - Drive towards Ipswich and enjoy the delicious all-you-can-eat at Redbank Feast.

**SS PIMPAMA** - Something a little different at the Whistlestop Pimpama for lunch.

SS COOMERA - Enjoy the offerings at the Coomera Lodge Hotel.

Cost is transport only. Lunch and activities at own cost.

DATE	ZONE	ΑCTIVITY	COST
BAIL	ZONL	ACTIVIT	
04-Nov	NTH	SOCIAL SUPPORT - BEAUDESERT	\$15
06-Nov	STH	SOCIAL SUPPORT - BEAUDESERT	\$15
11-Nov	NTH	SOCIAL SUPPORT – REDBANK PLAINS	\$15
13-Nov	STH	SOCIAL SUPPORT – REDBANK PLAINS	\$15
18-Nov	NTH	SOCIAL SUPPORT - PIMPAMA	\$15
20-Nov	STH	SOCIAL SUPPORT - PIMPAMA	\$15
21-Nov	ALL	CFA COMMUNITY FLYER ADVENTURES – CANAL CRUISE	\$90
25-Nov	NTH	SOCIAL SUPPORT – COOMERA	\$15
27-Nov	STH	SOCIAL SUPPORT – COOMERA	\$15

#### DECEMBER

#### **DECEMBER COMMUNITY FLYER ADVENTURES (MINI)**

#### **XMAS PARTY – GOLD COAST**

Come and celebrate with our Gold Coast staff and clients, our first ever Xmas party on the Gold Coast. Enjoy delicious food and entertainment filled with lots of laughs and a few lucky door prizes!

This event is open to all clients. No social support group referral is required. Numbers are limited.

#### DECEMBER SOCIAL SUPPORT TRIPS

Prices below are not applicable for clients in Home Care Packages. Please call our team for a quote.

#### **DESCRIPTION:**

SS LOGAN VILLAGE - Drive to Logan followed by lunch at The Logan Village Hotel.

SS CALYPSO BAY - Scenic drive to Jacobs Well and lunch at Harrigan's Calypso Bay.

#### Cost is transport only. Lunch and activities at own cost.

DATE	ZONE	ΑCTIVITY	COST
02-Dec	NTH	SOCIAL SUPPORT – LOGAN VILLAGE	\$15
04-Dec	STH	SOCIAL SUPPORT – LOGAN VILLAGE	\$15
09-Dec	NTH	SOCIAL SUPPORT – CALYPSO BAY	\$15
11-Dec	STH	SOCIAL SUPPORT – CALYPSO BAY	\$15
13-Dec	ALL	CFA COMMUNITY FLYER ADVENTURES - XMAS PARTY	\$60
		This is on a Friday.	

### Are you concerned about Elder Abuse?

Call the national 1800 ELDERHelp (1800 353 374) line (free call) to talk to someone about potential or actual elder abuse. This service provides information on how you can get help, support and referrals. Each state and territory provide information about abuse and abuse prevention, as well as useful contacts and options for getting help.



## **OUT AND ABOUT**

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1300 153 636

TransitCare clients enjoyed Christmas in July, Mountview Alpaca Farm, RAAF Amberley Aviation Heritage Centre and Albert River Wines to name a few of the wonderful places they visited.

TransitCare

Connecting people to their communities

**Contact us** 

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