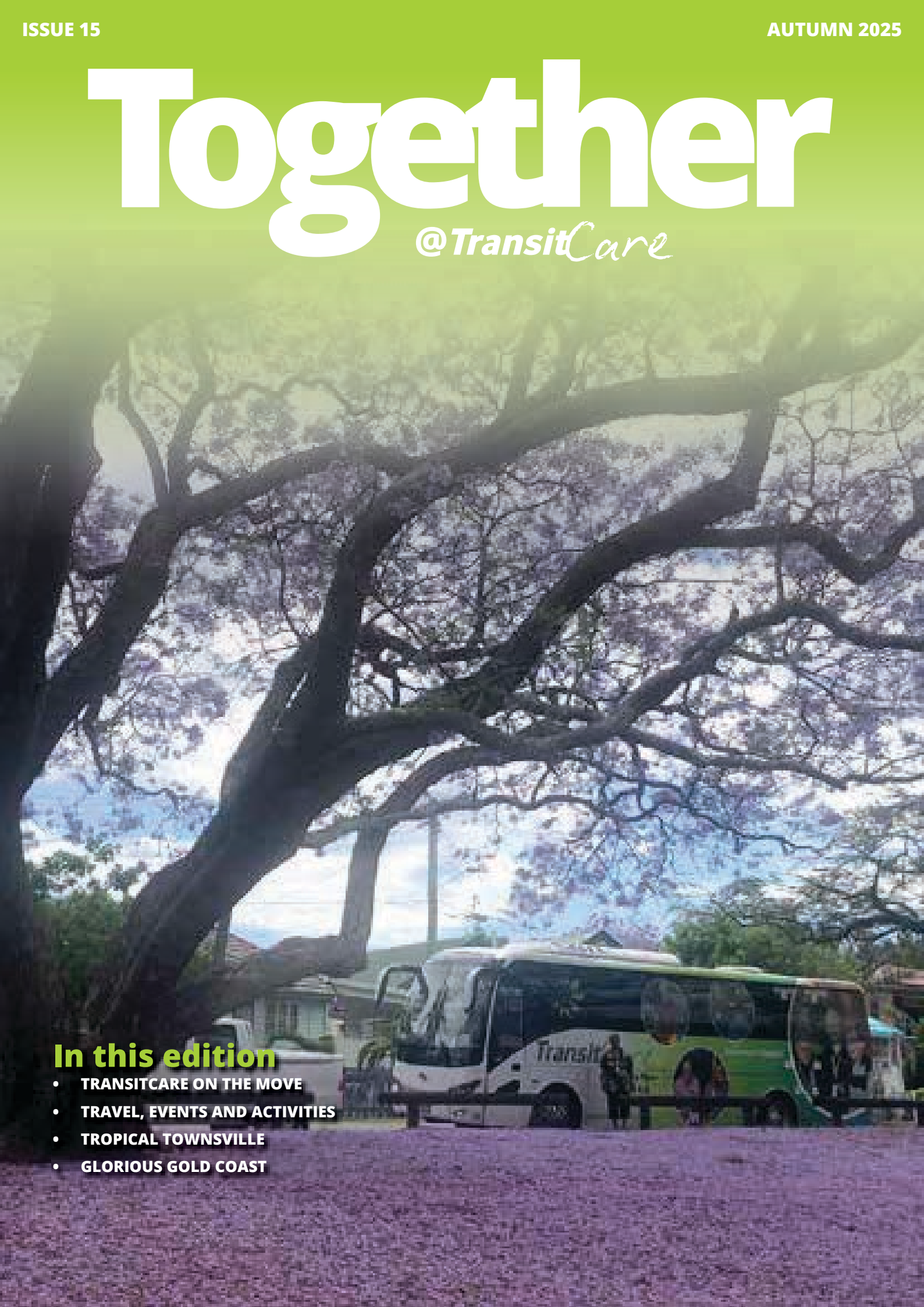


Together

@TransitCare

In this edition

- TRANSITCARE ON THE MOVE
- TRAVEL, EVENTS AND ACTIVITIES
- TROPICAL TOWNSVILLE
- GLORIOUS GOLD COAST



a message

FROM THE CEO



Welcome to the Autumn Edition of TOGETHER Magazine!

I hope that everyone had a wonderful Christmas season, taking time to rest, reflect, and prepare for the challenges and opportunities of the new year. This year, the weather has proven to be particularly intense, with even hotter and more humid conditions. Please remember to stay well hydrated and take care of yourselves.

New Brisbane Office

I'm excited to announce that we will be moving into our new head office in Beenleigh on the 10th of March. While it has been a challenge not having clients visit us for in-house activities, we are thrilled to reconnect with you all in person starting in April. It's a significant milestone for our team, and we're eager to create a space that fosters collaboration and growth. Additionally, the team has revamped our program to offer five days of social activities and renamed the hub to "The Social Circle".

North Queensland Branches

As we navigate the monsoonal season, we are reminded of the challenges that can arise. Over the past five years, Townsville has experienced two floods, and Cairns was hit by a cyclone, on top of two years of Covid. Our management teams and team members in both locations have been through these events multiple times and understand what it takes to protect the safety of our people and clients. We continue to work closely with

emergency services, whose support we deeply appreciate.

Our thoughts are with those personally impacted by these extreme weather events. We are hopeful for the recovery of the areas impacted by flooding, and we look forward to seeing life return to normal for the communities affected.

As always, I encourage you to stay safe, remain vigilant, and take care of not only your own well-being but also the well-being and safety of your neighbours.

Terry O'Toole
Chief Executive Officer

Public Holidays

	+Brisbane	*Cairns	*Townsville	+Gold Coast	Tamborine
Good Friday – Fri 18 April	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Easter Monday – Mon 21 April	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
ANZAC day – Fri 25 April	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Labour Day – Mon 5 May	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Burdekin Show Day Ayr – Wed 25 June	OPEN	OPEN	CLOSED FOR AYR/ HOME HILL ONLY	OPEN	OPEN

*Cairns & Townsville provide renal transport on these days.

+Booking cut-off days and times will be communicated through our Contact Centre on **3422 7900**.

ALL THINGS TRANSITCARE

How do I register?

Our process to register with TransitCare will differ depending on your individual circumstance.

1. If you are eligible for My Aged Care (MAC) you will need to obtain the following:
 - Transport Referral Code (for transport services, medical, hospital, health, social)
 - Social Support Group Code (for our bus trips*and community hub activities**)
2. If you are not eligible for MAC but have a good reason for not being able to use public transport, please email us for an individual assessment at intake@transitcare.com.au

Our estimated time for registering (onboarding) members is 2-3 weeks. If you are aware of travel required before this timeframe, please let our team know or alternatively call My Aged Care as soon as possible on 1800 200 422 to start the process.

Why do I need to take my mobile phone?

If you have a mobile phone, please take it with you to your appointment. In the event our drivers are running late or we cannot locate you, we can simply give you a call. This will avoid delays for you and our other clients. We endeavour to get all our clients to their appointments on time.

Remember to take your phone off silent

What time do I have to be ready at home?

Distance of travel 0-20.99kms	Be ready 1.0 hour prior to the drop-off time
Distance of travel 21-40.99kms	Be ready 1.5 hours prior to the drop-off time
Distance of travel 41-59.99kms	Be ready 2.0 hours prior to the drop-off time
Trips more than 60kms – to be negotiated at time of booking.	

I think I left something in your vehicle

We receive many calls from clients who have misplaced their belongings. It will help us immensely if you can label your belongings, eg: glasses, umbrella's, clothing, bags. This will ensure all belongings go back to the right owner.

Mobility Updates – Manual Wheelchairs/Electric Wheelchairs/ Scooters/Walking Frames

Mobility aids are essential tools designed to enhance the independence and quality of life for our clients. All aids take up space in our vehicles, so **it is important we are kept up to date when these change due to our client's mobility**. We transport clients from 'free mobility' (no aids) to walking sticks/walking frames/ manual wheelchairs/electric wheelchairs and scooters.

We are aware that more clients are using carbon fibre wheelchairs, which are lighter and easier to handle. **We are unable to transport clients in these wheelchairs as they have not been 'crash tested'**. If you have a wheelchair to these specifications, you will need to transfer to a seat when travelling with TransitCare. Please call our team on 3422 7900 for more information.

How do I make a booking?

Call 3422 7900 and have the following information ready.

- Appointment time
- Name of doctor or business you are visiting and phone number
- Return time

What if my appointment is running late?

Please call us to advise you are not ready for the return journey for the time specified on your booking. We will contact our drivers so they do not go to your pick-up location, this saves wasted driving time and allows our dispatch team to allocate another client who may have finished their appointment early. Call us when you are ready (last pick up is around 4.30pm for Brisbane & Gold Coast) and we will send a vehicle to collect you.



Calendar OF events & activities

Social Calendar - Townsville

DATE	
Mon 7 April	MEMBERS MONTHLY LUNCH Where: Kirwan Tavern Time: 11.00am – 1.00pm Cost: \$15 return transport, meal at own cost. <i>Raffles will be held</i>
Mon 28 April	LUNCH OUTING Where: Stuart Hotel Time: 11.00am – 1.00pm Cost: \$15 return transport, meal at own cost.
DATE	
Mon 12 May	MEMBERS MONTHLY LUNCH Where: Bushland Beach Tavern Time: 11.00am – 1.00pm Cost: \$15 return transport, meal at own cost. <i>Raffles will be held.</i>
Mon 19 May	MORNING TEA OUTING Where: Heritage TeaRoom Time: 09.30am – 11.30am Cost: \$20 return transport, meal at own cost.
DATE	
Mon 2 June	MEMBERS MONTHLY LUNCH Where: Upper Ross Hotel Time: 11.00am – 1.00pm Cost: \$15 return transport, meal at own cost. <i>Raffles will be held.</i>
Mon 16 June	LUNCH OUTING Where: Bohle Barn Time: 11.00am – 1.00pm Cost: \$15 return transport, meal at own cost.



MEET A MEMBER – DOROTHY LINGARD

I was born Dorothy Maud Pereira in May 1943, it is now 2025, where has the time gone? I was born at home in Perkins St, South Townsville. The Japanese had bombed Darwin and Townsville - 3 bombs hit Oonoonba in July 1942, so my mother was glad things had calmed down before I arrived.

My father had wanted a boy, and of course I wasn't, so he called me Bobby, a special nick-name as a child. Locals of the area we lived in were called 'Mud Pickers' because the tides came into the mudflats and so did the sharks (many neighbourhood dogs disappeared). I was 1 of 6 children, and we girls went to Saint Frances Xavier School in Railway Estate. The boys went to Christian Brothers (Ignatius Park now).

After leaving school I worked at a Wulguru General Store, which multi-tasked with groceries, petrol, post office & butcher. I left there and got a job nursing at the crippled children's home in North Ward (now Cootharinga), I really enjoyed my time there.

We had a wonderful time in our younger years, movies, dances, cards etc. I met my husband Doug at a dance and after we married our first child, Kathleen, was born at home in Hermit Park. We moved to Wulguru and then to our own home in Cranbrook, where we had our 2nd child, a boy, Noel. Doug had always wanted to join the Army, but his father wouldn't sign him up, presumably having seen the horrors of war himself, he didn't want his son seeing it. So, Doug joined the Army Reserves (Medical) and reached the rank of Captain. We were both members of Mt Stuart Lions Club.

Doug developed a heart condition, so we moved to our new lowset home in Heatley, where our 3rd child was born, a girl, Belinda. Sadly Doug passed away at the age of just 33yrs from his heart condition. This was a very hard time for us all, me, a single mother with 3 young children aged 13, 10 & 2, but with a lot of love and support from our families, we eventually came through. When Belinda turned 16, I returned to work

at St. Pauls Lutheran Childcare, which I absolutely loved, but after 20 years I had to leave, when I became sick (but I'm ok now).

I still live in our family home and enjoy my 3 children as well as 7 grandchildren and 5 great grandchildren. The icing on the cake – Life is great. If you know the song 'Someone left the Cake out in the Rain', well I think it might be about my life.

I joined TransitCare when I had a full hip replacement, this help meant a great deal to me and my family. Thank you Jenny, all the staff are very kind, happy and considerate to take care of all their clients, a job 'Well done'. Keep up the good work to all.

Always remember: God never gives you anything you can't handle.

I hope you enjoyed reading my story.

Dorothy.



Calendar OF events & activities

FOR LOGAN CLIENTS ONLY

TransitCare Community - Exciting News - We are Moving!

Exciting News at The Social Hub, which starts with a New Name!

In anticipation of moving into our new home, we have a new name

'The Social Circle'

Big changes are coming your way, and we couldn't be more excited to share them with you. Starting Thursday April 3rd, 2025, we are moving to a brand-new building in Beenleigh, and we're inviting you to join the fun.

We're expanding our social support group to offer five fantastic days a week of activities, giving you even more chances to stay active, social, and inspired.

From 10:30 AM to 2:30 PM every Monday to Friday, you'll have plenty of time to connect, learn, and explore new hobbies with friends.

Here's a sneak peek at the fun-filled schedule:

Monday	Social & Craft Day – Let your creativity shine as we dive into new projects.
Tuesday	Social & Games Day – Whether it's board games or group challenges, bring your competitive spirit (or just enjoy some fun with friends).
Wednesday	Social & Move Your Body & Mind Day – Stay physically and mentally sharp with our energizing activities.
Thursday	Social & Themed Day – Every week brings something exciting and different - never a dull moment!
Friday	Social & Art Day – Explore your artistic side with hands-on projects.

We're also thrilled to welcome our Jimboomba clients to join us at our new location. Come and create new memories, try something new, and enjoy a day of laughter and connection.

We can't wait to see you there at our new location!



Calendar OF events & activities

Social Calendar - Logan/Brisbane South

FUN ALERT FOR OUR FABULOUS COMMUNITY

Ready to add some fun to your calendar? We've lined up exciting bus trips to charming local spots, breathtaking scenic views, and perhaps even a few hidden gems you didn't know were waiting to be discovered! Whether you're exploring historical landmarks, cruising the river, or uncovering surprises, there's something for everyone to enjoy. Plus, don't miss our Christmas in July celebration at St Bernard's Hotel from July 7th to 11th. It's sure to be fun, even the Grinch might show up (but we're hoping he'll stay home)!

Just a reminder to check that you have the required referral codes before booking into the bus trips. If you are not sure which codes are required, please give our friendly contact centre team a call on 3422 7900.

Be sure to submit your EOI (expression of interest) by June 13, 2025 by calling 3422 7900

And remember – if you're eyeing the CFA-Brisbane River Cruise, book by April 11 or risk missing all the good times!

TRAVEL ZONES

<p>TRIP DAY: MONDAY, ZONE 2 Alexandra Hills, Balmoral, Belmont, Birkdale, Bulimba, Burbank, Camp Hill, Cannon Hill, Capalaba, Carina, Carina Heights, Carindale, Chandler, Cleveland, Gumdale, Hawthorne, Hemmant, Lota, Manly, Manly West, Morningside, Murrarie, Norman Park, Ormiston, Seven Hills, Thorneside, Tingalpa, Wakerley, Wellington Point, Wynnum, Wynnum West</p>
<p>TRIP DAY: TUESDAY, ZONE 1 Acacia Ridge, Algester, Annerley, Archerfield, Calamvale, Coopers Plains, Coorparoo, East Brisbane, Eight Mile Plains, Greenslopes, Highgate Hill, Holland Park, Holland Park West, Kangaroo Point, Macgregor, Mackenzie, Mansfield, Moorooka, Mt Gravatt, Mt Gravatt East, Nathan, Parkinson, Robertson, Runcorn, Salisbury, Stretton, Sunnybank, Sunnybank Hills, Tarragindi, Upper Mt Gravatt, Wellers Hill, Wishart, Woolloongabba.</p>
<p>TRIP DAY: WEDNESDAY, ZONE 5 Chelmer, Corinda, Darra, Doolandella, Durack, Dutton Park, Ellen Grove, Fairfield, Forest Lake, Graceville, Heathwood, Inala, Jamboree Heights, Jindalee, Middle Park, Mount Ommaney, Oxley, Pallara, Richlands, River Hills, Rocklea, Seventeen Mile Rocks, Sherwood, Sinnamon Park, South Brisbane, Sumner, Tennyson, Wacol, West End, West Lake, Willawong, Yeerongpilly, Yeronga.</p>
<p>TRIP DAY: THURSDAY, ZONE 4 Bahrs Scrub, Beenleigh, Bethania, Carbrook, Cornubia, Daisy Hill, Eagleby, Edens Landing, Holmview, Loganholme, Loganlea, Meadowbrook, Mount Warren Park, Priestdale, Redland Bay, Rochedale, Rochedale South, Shailer Park, Slacks Creek, Springwood, Tanah Merah, Thornlands, Underwood, Victoria Point, Windaroo.</p>
<p>TRIP DAY: FRIDAY, ZONE 3 Berrinba, Buccan, Boronia Heights, Browns Plains, Cedar Vale, Cedar Grove, Chambers Flat, Crestmead, Drewvale, Flagstone, Forestdale, Greenbank, Heritage Park, Hillcrest, Jimboomba, Karawatha, Kingston, Logan Central, Logan Reserve, Logan Village, Marsden, Munruben, New Beith, North Maclean, Park Ridge, Park Ridge South, Regents Park, South Maclean, Stockleigh, Waterford, Waterford West, Woodhill, Woodridge, Yarrabilba.</p>

CFA - CHRISTMAS IN JULY			
EOI (Expression of Interest) due by Fri 13 June			
DATE	ZONE		COST
Mon 7 July	2		\$60
Tue 8 July	1		\$60
Wed 9 July	5		\$60
Thu 10 July	4		\$60
Fri 11 July	3		\$60



APRIL BUS TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DATE	ZONE	ACTIVITY	COST
SS 1: EASTER SHOPPING: Join us for a sweet and festive Chocolate Shop Hunt, where you'll wander through charming shops filled with delicious treats and hidden surprises. Once you've gathered all your chocolate treasures, we'll head for a lovely lunch, full of flavours that are sure to please.			
Mon 31 Mar	2	SOCIAL SUPPORT - EASTER SHOPPING	\$15 Cost is transport only. Lunch and activities at own cost.
Tue 1 Apr	1		
Wed 2 Apr	5		
Thu 3 Apr	4		
Fri 4 Apr	3		
SS 2: OP-SHOPPING: Embark on a treasure hunt at Stones Corner with a fun-filled day of op shopping. Uncover unique finds, hidden gems, and one-of-a-kind items as you browse through the op shops. After all that exploring, treat yourself to a delicious lunch to recharge. It's the perfect way to enjoy a day of shopping, discovering, and dining with great company.			
Tue 22 Apr	1, 2 & 5	SOCIAL SUPPORT - OP-SHOPPING	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 23 Apr	3 & 4		
SS 3: HANS & ADAMS SMALL GOODS: Embark on a tasty adventure as you explore a fantastic selection of fresh meats, mouthwatering deli treats, and an array of delicious cheeses. Stock up on these gourmet goodies and enjoy the pleasures of picking the finest flavours. After your shopping spree, relax and recharge with a satisfying lunch. It's the perfect day of food, fun, and great company.			
Mon 28 Apr	1, 2 & 5	SOCIAL SUPPORT - SMALL GOODS TRIP	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 30 Apr	3 & 4		
COMMUNITY FLYER ADVENTURES – FERNVALE: Set off on a delightful drive to Fernvale, where your adventure begins with a delicious morning tea at the picturesque Wivenhoe Dam. After taking in the views, continue your journey to the charming Fernvale Bakery for a scrumptious lunch. It's a perfect day trip, packed with scenic spots and tasty treats, all wrapped up in great company.			
Mon 7 Apr	2	CFA EVENT – FERNVALE	\$60 Cost includes transport, lunch and any associated activities.
Tue 8 Apr	1		
Wed 9 Apr	5		
Thu 10 Apr	4		
Fri 11 Apr	3		
MEN ON THE MOVE – QUEENSLAND MARITIME MUSEUM & SHIP INN: Step back in time and explore Queensland's rich maritime history at the Queensland Maritime Museum. Discover fascinating stories from lighthouses to the pearling industry, and even Brisbane's American years. After soaking up the history, enjoy a leisurely lunch at a nearby spot and make it a day to remember!			
Thu 3 Apr	ALL	MOM – QUEENSLAND MARITIME MUSEUM	\$60 Cost includes transport, lunch and any associated activities.
WOMEN WHO WANDER – SOUTHBANK: Take a leisurely stroll through Southbank, where you can enjoy the peaceful boardwalk by the water, wander through vibrant streets, or simply relax at the handmade beach. Whether you're in the mood to shop or just soak in the sights, there's something for everyone. After all that fun, treat yourself to a delicious lunch and recharge for more adventures! It's the perfect day out to enjoy the best of Southbank at your own pace.			
Thu 17 Apr	ALL	WWW – SOUTHBANK	\$60.

CALENDAR OF ACTIVITIES AND EVENTS

A reminder to continue to check carefully which Zone you fall into. Check the trip descriptions to ensure that the trip that you want to attend is suitable for your individual mobility needs and interests. Please refer to the key below:

	= < 100m of walking		= < 10 stairs		= < 5 stops requiring you to get on/off bus
	= < 500m of walking		= < 20 stairs		= < 7 stops requiring you to get on/off bus
	= > 500m of walking		= > 20 stairs		= > 7 stops requiring you to get on/off bus
	= No walking frames				

MAY BUS TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DATE	ZONE	ACTIVITY	COST
SS 1 BROOKFIELD GARDEN CENTRE: Step into the serene beauty of Brookfield Gardens, where you can wander through lush landscapes and enjoy the peaceful surroundings. After taking in the sights, treat yourself to a delightful lunch. It's the perfect way to spend a relaxing day in nature, with good food and great company.			
Tue 6 May	1	SOCIAL SUPPORT – BROOKFIELD GARDEN CENTRE	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 7 May	5		
Thu 8 May	4		
Fri 9 May	3		
Mon 12 May	2		
SS 2 GOMA: Dive into the vibrant world of GOMA (Gallery of Modern Art), where contemporary art bursts to life through stunning exhibitions and engaging installations. Whether you're marvelling at bold artworks or exploring unique displays, there's something to spark your imagination around every corner. After a day of creativity, treat yourself to a delicious lunch at one of the nearby venues. It's the perfect mix of culture, inspiration, and tasty food.			
Wed 21 May	5	SOCIAL SUPPORT - GOMA	\$15 Cost is transport only. Lunch and activities at own cost.
Thu 22 May	4		
Fri 23 May	3		
Mon 26 May	2		
Tue 27 May	1		
COMMUNITY FLYER ADVENTURES – BRISBANE RIVER CRUISE: Relax and unwind with a scenic Brisbane River cruise, where you'll be treated to breathtaking views and a delightful Devonshire morning tea! For 1.5 hours, enjoy the calm of the river, the beauty of the city, and indulge in delicious treats—all while cruising at a leisurely pace. It's the perfect way to start your day in style, with great company and plenty of time to enjoy the sights. Don't miss out! We won't be able to take any bookings after April 11th, so be sure to book now before it's too late.			
Tue 13 May	1	CFA EVENT – BRISBANE RIVER CRUISE	\$60 Cost includes transport, lunch and any associated activities.
Wed 14 May	5		
Thu 15 May	4		
Fri 16 May	3		
Mon 19 May	2		
MEN ON THE MOVE – BOAT WORKS: Join us for a delightful day out at Boatworks Coomera! Take a leisurely stroll along the pier, admire the beautiful boats, and soak in the stunning views. Afterward, enjoy an amazing lunch with great food and good company.			
Thu 8 May	ALL	MOM – BOAT WORKS	\$60 Cost includes transport, lunch and any associated activities.
WOMEN WHO WANDER – WEST END TREASURE HUNT: Get ready for a fun-filled treasure hunt starting at Marcia's on Montague, where you'll discover a fabulous collection of kitchenware, cookware, and top-notch organic products, from skincare to gourmet food. After uncovering all these hidden gems, head over to Harris Farm Market for a fantastic selection of fresh produce and artisanal treats. Cap off your adventure with a delicious lunch, celebrating all your amazing finds. It's the perfect day of shopping, discovery, and indulgence			
Thu 29 May	ALL	WWW – WEST END TREASURE HUNT	\$60 Cost includes transport, lunch and any associated activities.



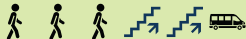


CALENDAR OF ACTIVITIES AND EVENTS

A reminder to continue to check carefully which Zone you fall into. Check the trip descriptions to ensure that the trip that you want to attend is suitable for your individual mobility needs and interests. Please refer to the key below:

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	= < 500m of walking		< 20 stairs		= < 7 stops requiring you to get on/off bus
	= > 500m of walking		= > 20 stairs		= > 7 stops requiring you to get on/off bus
	= No walking frames				











JUNE BUS TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DATE	ZONE	ACTIVITY	COST
<p>SS 1: CAPALABA PRODUCE & GOLDEN CIRCLE: Discover the charm of Capalaba Produce, a beloved local gem since 1954! This delightful destination has everything you need for your pets, plants, and projects, with a beautiful garden centre and friendly animals to enjoy. After exploring this hidden treasure, we'll head to Golden Circle for a fun stop, followed by a delicious lunch nearby. It's the perfect day out for a little relaxation, a lot of smiles, and plenty of fun.</p> <p></p>			
Mon 2 Jun	2	SOCIAL SUPPORT - PRODUCE & GOLDEN CIRCLE	\$15 Cost is transport only. Lunch and activities at own cost.
Tue 3 Jun	1		
Wed 4 Jun	5		
Thu 5 Jun	4		
Fri 6 Jun	3		
<p>SS 2: FORT LYTTON: Step into history with a visit to Fort Lytton, Queensland's top military exhibit! Explore impressive fortifications, fascinating military museums, and a vast collection of Australian artillery that showcase Brisbane's rich military past. After an exciting journey through history, we'll enjoy a relaxing lunch together. It's the perfect way to immerse yourself in history and enjoy great company.</p> <p></p>			
Mon 23 Jun	2	SOCIAL SUPPORT – FORT LYTTON	\$15 Cost is transport only. Lunch and activities at own cost.
Tue 24 Jun	1		
Wed 25 Jun	5		
Thu 26 Jun	4		
Fri 27 Jun	3		
<p>COMMUNITY FLYER ADVENTURES – CITY CAT TOUR: Hop aboard a City Cat and cruise the beautiful Brisbane River from West End to Hamilton. Enjoy stunning views of the city and waterfront along the way. After your scenic adventure, unwind with a delicious lunch – the perfect way to spend the day.</p> <p></p>			
Mon 9 Jun	2	CFA EVENT – CITY CAT TOUR	\$60 Cost includes transport, lunch and any associated activities.
Tue 10 Jun	1		
Wed 11 Jun	5		
Thu 12 Jun	4		
Fri 13 Jun	3		
<p>MEN ON THE MOVE – GOLFERS PARADISE: We're heading to golfer's paradise for some virtual golf action that'll have you swinging like a pro. After we've conquered the virtual greens, we'll refuel with lunch. The perfect day of fun.</p> <p></p>			
Thu 5 Jun	ALL	MOM – GOLFERS PARADISE	\$60 Cost includes transport, lunch and any associated activities.
<p>WOMEN WHO WANDER – VEND ANNERLEY: Looking for a fun day out? VEND Annerley is the place to be! With over 120 local shops packed with everything from handmade goodies and local art to fashion, homewares, and pet products, there's something for everyone. Each stall is run by a local small business, so you're bound to find something special and unique. After you've had your fill of shopping, take a well-deserved break at the VEND Annerley café.</p> <p></p>			
Thu 19 Jun	ALL	WWW – VEND ANNERLEY	\$60 Cost includes transport, lunch and any associated activities.

CALENDAR OF ACTIVITIES AND EVENTS

A reminder to continue to check carefully which Zone you fall into. Check the trip descriptions to ensure that the trip that you want to attend is suitable for your individual mobility needs and interests. Please refer to the key below:

 = < 100m of walking	 = < 10 stairs	 = < 5 stops requiring you to get on/off bus
 = < 500m of walking	 = < 20 stairs	 = < 7 stops requiring you to get on/off bus
 = > 500m of walking	 = > 20 stairs	 = > 7 stops requiring you to get on/off bus
 = No walking frames		

Calendar OF events & activities

Social Calendar - Gold Coast

FOR GOLD COAST RESIDENTS ONLY

Our monthly social calendar is becoming very popular. Anyone interested in getting out and about on our Gold Coast trips to make new friends and have lunch are very welcome. For further information and to book, please phone our Contact Centre on 07 3422 7900. A referral code for Social Support Group is required from My Aged Care.



GOLD COAST TRAVEL ZONES

Please check carefully which Zone you now fall into as we are running two trips a week and your trip day is based on the suburb you reside in and the corresponding zone. If you are unsure, please call our Contact Centre on 3422 7900 for assistance.

Trip day:	MONDAY, ZONE NORTH
Arundel, Ashmore, Benowa, Biggera Waters, Broadbeach, Broadbeach Waters, Bundall, Carrara, Coombabah, Coomera, Gaven, Helensvale, Hope Island, Hollywell, Labrador, Maudsland, Molendinar, Ormeau, Ormeau Hills, Oxenford, Pacific Pines, Paradise Point, Parkwood, Pimpama, Runaway Bay, Southport, Upper Coomera, Willow Vale	
Trip day:	WEDNESDAY, ZONE SOUTH
Advancetown, Burleigh Heads, Burleigh Waters, Clear Island Waters, Gilston, Highland Park, Main Beach, Mermaid Beach, Mermaid Waters, Merrimac, Miami, Mudgeeraba, Nerang, Palm Beach, Reedy Creek, Robina, Surfers Paradise, Tallai, Tallebudgera, Varsity Lakes, Worongary	
















APRIL BUS TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DATE	ZONE	ACTIVITY	COST
SS 1 BEENLEIGH: Discount food outlet shopping at Tribe of Judah and Twin Rivers outlets followed by lunch at Riverhills Tavern.			
Mon 7 Apr	North	SOCIAL SUPPORT- BEENLEIGH	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 9 Apr	South		
SS 2 JACOBS WELL: Scenic drive followed by Fish n Chips at Cabbage Tree Point.			
Mon 14 Apr	North	SOCIAL SUPPORT - JACOBS WELL	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 16 Apr	South		
SS 3 PARADISE POINT: Lunch at Paradise Point Bowls Club followed by a Scenic drive.			
Mon 21 Apr	North	NO TRIP - EASTER MONDAY	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 23 Apr	South	SOCIAL SUPPORT – PARADISE POINT	
SS 4 BANORA POINT: Scenic drive followed by lunch at Club Banora.			
Mon 28 Apr	North	SOCIAL SUPPORT - BANORA POINT	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 30 Apr	South		
COMMUNITY FLYER ADVENTURES – ALBERT RIVER WINES: Travel to Tamborine to experience the beautiful Albert River Wines Estate, including morning tea, estate tour and lunch.			
Thu 17 Apr	ALL	CFA EVENT – ALBERT RIVER WINES	\$60 Cost includes transport, lunch and any associated activities.


















MAY BUS TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DATE	ZONE	ACTIVITY	COST
SS 1 CALYPSO BAY: Scenic drive to Jacobs Well followed by lunch at Harrigan's Drift Inn   			
Mon 5 May	North	NO TRIP - LABOUR DAY HOLIDAY	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 7 May	South	SOCIAL SUPPORT – CALYPSO BAY	
SS 2 REDBANK PLAINS: Delicious all you can eat Lunch at Redbank Feast.   			
Mon 12 May	North	SOCIAL SUPPORT – REDBANK PLAINS	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 14 May	South		
SS 3 CANUNGRA: Scenic drive followed by lunch at the Canungra Hotel.   			
Mon 19 May	North	SOCIAL SUPPORT – CANUNGRA	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 21 May	South		
SS 4 SUNNYBANK: Enjoy the offerings at the Sunnybank Community and Sports Club.   			
Mon 26 May	North	SOCIAL SUPPORT - SUNNYBANK	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 28 May	South		
COMMUNITY FLYER ADVENTURES – DEVON PIXIES HIGH TEA – KINGSTON: Devon Pixies holds a special place in the community as the first dedicated High Tea House in Logan. Previously located in Logan Village they are now located in the Kingston Butter Factory Precinct.   			
Thu 15 May	ALL	CFA EVENT – DEVON PIXIES HIGH TEA	\$60 Cost includes transport, lunch and any associated activities.




















JUNE BUS TRIPS

Below prices are not applicable for clients on Home Care Packages. Please call our team for a quote.

DATE	ZONE	ACTIVITY	COST
SS 1 RICHLANDS: Hans Butcher, Adams Continental shopping and lunch at The Richlands Tavern   			
Mon 2 Jun	North	SOCIAL SUPPORT – RICHLANDS	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 4 Jun	South		
SS 2 BROADBEACH: Catch up over lunch at the Broadbeach Bowls Club.   			
Mon 9 Jun	North	SOCIAL SUPPORT - BROADBEACH	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 11 Jun	South		
SS 3 WELLINGTON POINT: Golden Circle Factory Outlet discounted shopping and lunch at the Redlands Sports Club     			
Mon 16 Jun	North	SOCIAL SUPPORT – WELLINGTON POINT	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 18 Jun	South		
SS 4 LOGAN VILLAGE: Lunch at the newly renovated Logan Village Hotel.   			
Mon 23 Jun	North	SOCIAL SUPPORT – LOGAN VILLAGE	\$15 Cost is transport only. Lunch and activities at own cost.
Wed 25 Jun	South		
COMMUNITY FLYER ADVENTURES – GOLD COAST MOTOR MUSEUM: Memories of all kinds collide at the Gold Coast Motor Museum starting with a tour of 75 cars and bikes, followed by lunch onsite at Stanley's Barn.   			
Thu 19 Jun	ALL	CFA EVENT – GOLD COAST MOTOR MUSEUM	\$60 Cost includes transport, lunch and any associated activities.

CALENDAR OF ACTIVITIES AND EVENTS

A reminder to continue to check carefully which Zone you fall into. Check the trip descriptions to ensure that the trip that you want to attend is suitable for your individual mobility needs and interests. Please refer to the key below:

	= < 100m of walking		= < 10 stairs		= < 5 stops requiring you to get on/off bus
 	= < 500m of walking	 	< 20 stairs	 	= < 7 stops requiring you to get on/off bus
  	= > 500m of walking	  	= > 20 stairs	  	= > 7 stops requiring you to get on/off bus
	= No walking frames				

OUT AND ABOUT

Our clients have enjoyed many trips out and about. These include the various Christmas parties, Canal cruises, Boonah, Beaudesert, Jacobs Well, Cooneana Heritage in Ipswich plus many more fabulous destinations.



TransitCare

Connecting people to their communities

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